

INFORMACIÓN NUTRICIONAL

| Calorías (cal) | Calorías de grasa (fat cal) | Grasa Total (g) | Grasa Saturada (g) | Grasa trans (g) | Colesterol (mg) | Sodio (mg) | Carbohidratos (g) | Fibra (g) | Azúcares (g) | Proteína (g) |
|----------------|-----------------------------|-----------------|--------------------|-----------------|-----------------|------------|-------------------|-----------|--------------|--------------|
|----------------|-----------------------------|-----------------|--------------------|-----------------|-----------------|------------|-------------------|-----------|--------------|--------------|

SANDWICHES

| | | | | | | | | | | | |
|--|-----|-----|-----|-----|-----|-----|-------|-----|---|-----|----|
| Hamburger | 240 | 70 | 8 | 3 | 0 | 30 | 360 | 30 | 2 | 4 | 12 |
| Cheeseburger | 290 | 120 | 13 | 6 | 0.5 | 40 | 690 | 30 | 1 | 7 | 15 |
| Cheeseburger Deluxe | 300 | 120 | 13 | 6 | 0.5 | 40 | 690 | 32 | 2 | 8 | 15 |
| Cheeseburger Doble | 380 | 180 | 20 | 9 | 1 | 65 | 810 | 30 | 1 | 7 | 22 |
| Quarter Pounder® con queso** | 500 | 250 | 28 | 13 | 1.5 | 95 | 1,070 | 36 | 1 | 9 | 22 |
| Quarter Pounder® Doble con queso*** | 720 | 400 | 44 | 20 | 2.5 | 160 | 1,260 | 36 | 1 | 9 | 48 |
| McDúo® | 380 | 180 | 20 | 9 | 1 | 65 | 810 | 30 | 1 | 7 | 22 |
| Big Mac® | 490 | 230 | 26 | 10 | 1 | 75 | 930 | 42 | 2 | 8 | 25 |
| Chicken Mac® | 540 | 220 | 25 | 6 | 0 | 65 | 1,350 | 56 | 2 | 8 | 21 |
| Bacon Triple | 580 | 310 | 34 | 15 | 1.5 | 115 | 1,450 | 35 | 2 | 9 | 36 |
| McBurger® Supreme | 490 | 250 | 28 | 11 | 1.5 | 80 | 1,000 | 35 | 2 | 8 | 27 |
| McChicken® Jr. | 300 | 110 | 12 | 2 | 0 | 25 | 670 | 34 | 1 | 5 | 10 |
| McChicken® | 360 | 140 | 16 | 3 | 0 | 30 | 830 | 40 | 1 | 5 | 14 |
| Artisan Grilled Chicken Sandwich | 340 | 50 | 6 | 1.5 | 0 | 75 | 950 | 42 | 2 | 10 | 31 |
| Premium Grilled Chicken Classic Sandwich | 370 | 70 | 8 | 2 | 0 | 80 | 1,060 | 42 | 2 | 10 | 31 |
| Premium Crispy Chicken Classic Sandwich | 550 | 210 | 23 | 4 | 0 | 60 | 940 | 59 | 3 | 11 | 26 |
| Premium Grilled Chicken Ranch BLT Sandwich | 460 | 130 | 14 | 4.5 | 0 | 105 | 1,410 | 43 | 2 | 11 | 39 |
| Premium Crispy Chicken Ranch BLT Sandwich | 640 | 260 | 29 | 7 | 0 | 90 | 1,280 | 61 | 3 | 11 | 35 |
| McBacon® Burger | 490 | 250 | 28 | 13 | 1.5 | 90 | 1,330 | 35 | 2 | 9 | 29 |
| McBacon® Chicken | 510 | 230 | 25 | 6 | 0 | 70 | 1,410 | 45 | 1 | 5 | 22 |
| Bacon Clubhouse Burger | 590 | 270 | 29 | 12 | 2 | 100 | 1,210 | 48 | 3 | 12 | 33 |
| Bacon Clubhouse Crispy Chicken | 780 | 360 | 40 | 11 | 0.5 | 110 | 1,620 | 66 | 3 | 14 | 38 |
| Bacon Clubhouse Grilled Chicken | 590 | 230 | 25 | 8 | 0 | 125 | 1,740 | 48 | 2 | 14 | 43 |
| Double Bacon Clubhouse | 820 | 410 | 45 | 19 | 3 | 180 | 1,640 | 48 | 4 | 12 | 55 |
| Sweet BBQ Bacon Carne | 730 | 330 | 36 | 14 | 1.5 | 116 | 1,600 | 59 | 3 | 18 | 40 |
| Sweet BBQ Bacon Grilled Chicken | 630 | 200 | 23 | 8 | 0.5 | 121 | 1,930 | 60 | 4 | 18 | 46 |
| Sweet BBQ Bacon Crispy Chicken | 800 | 330 | 37 | 10 | 0.5 | 100 | 1,780 | 75 | 4 | 18 | 37 |
| Filet-O-Fish® | 370 | 170 | 19 | 4 | 0 | 40 | 570 | 36 | 1 | 5 | 15 |
| Double Filet-O-Fish® | 520 | 230 | 25 | 5 | 0 | 80 | 780 | 47 | 1 | 5 | 27 |
| Premium Fish® | 470 | 190 | 20 | 5 | 0 | 50 | 790 | 52 | 2 | 11 | 19 |
| Double Premium Fish® | 590 | 240 | 25 | 6 | 0 | 80 | 990 | 63 | 2 | 11 | 29 |
| Premium Fish Wrap® | 367 | 190 | 20 | 5 | 0 | 45 | 690 | 34 | 2 | 2 | 15 |
| DeliCriollo Carne® | 650 | 150 | 13 | 5 | 0 | 25 | 1,590 | 114 | 6 | 230 | 23 |
| DeliCriollo Grilled Chicken® | 490 | 130 | 13 | 5 | 0 | 105 | 1,740 | 54 | 5 | 5 | 42 |
| DeliCriollo Carne pan sobao® | 650 | 140 | 12 | 5 | 0 | 25 | 1,470 | 117 | 6 | 31 | 22 |
| DeliCriollo Grilled Chicken pan sobao® | 490 | 120 | 12 | 5 | 0 | 105 | 1,630 | 56 | 5 | 14 | 41 |
| Carne adicional | 100 | 70 | 10 | 3 | 0.5 | 30 | 20 | 0 | 0 | 0 | 7 |
| Carne Quarter Pounder® adicional** | 230 | 140 | 16 | 7 | 1 | 80 | 430 | 0 | 1 | 0 | 22 |
| Filete de pescado adicional* | 120 | 50 | 5 | 0.5 | 0 | 30 | 120 | 9 | 0 | 0 | 10 |
| Filete pollo crispy adicional | 300 | 140 | 15 | 2.5 | 0 | 50 | 620 | 16 | 2 | 0 | 19 |
| Filete pollo grilled adicional | 130 | 20 | 2 | 1 | 0 | 80 | 760 | 0 | 1 | 0 | 28 |
| Queso adicional | 50 | 30 | 4 | 2.5 | 0 | 15 | 200 | 2 | 0 | 0 | 3 |
| Tocineta Applewood adicional | 10 | 6 | 0.5 | 0 | 0 | 2 | 30 | 0 | 0 | 0 | 1 |
| Tocineta adicional | 40 | 30 | 3 | 1 | 0 | 10 | 190 | 0 | 0 | 0 | 3 |

McPAPAS & SNACKS

| | | | | | | | | | | | |
|-----------------------------|-----|-----|-----|-----|---|----|-----|----|---|---|----|
| Ranch Snack Wrap® Crispy | 350 | 170 | 19 | 5 | 0 | 35 | 750 | 32 | 1 | 2 | 14 |
| Ranch Snack Wrap® Grilled | 270 | 110 | 12 | 4 | 0 | 45 | 700 | 25 | 1 | 2 | 19 |
| Mac Snack Wrap® | 310 | 150 | 17 | 7 | 1 | 45 | 620 | 25 | 1 | 3 | 14 |
| McPapas® Kid's size | 80 | 40 | 4 | 0 | 0 | 0 | 180 | 11 | 1 | 0 | 1 |
| McPapas® Regulares | 240 | 110 | 12 | 1.5 | 0 | 0 | 170 | 30 | 3 | 0 | 3 |
| McPapas® Medianas | 340 | 140 | 15 | 1.5 | 0 | 0 | 290 | 44 | 3 | 0 | 3 |
| McPapas® Grandes | 440 | 180 | 21 | 2 | 0 | 0 | 390 | 59 | 5 | 0 | 5 |
| Papas Wedges Medianas | 320 | 120 | 13 | 1 | 0 | 0 | 910 | 46 | 3 | 0 | 5 |
| Papas Wedges Grandes | 340 | 130 | 14 | 1 | 0 | 0 | 990 | 50 | 4 | 0 | 5 |
| Ketchup (1 empaque) | 10 | 0 | 0 | 0 | 0 | 0 | 100 | 3 | 0 | 2 | 0 |
| Sal (1 empaque) | 0 | 0 | 0 | 0 | 0 | 0 | 270 | 0 | 0 | 0 | 0 |
| Mozarella Sticks (3 piezas) | 210 | 120 | 13 | 5 | 0 | 20 | 480 | 14 | 1 | 1 | 9 |
| Salsa marinara (1 empaque) | 20 | 5 | 0.5 | 0 | 0 | 0 | 100 | 3 | 1 | 2 | 1 |

POLLO

| | | | | | | | | | | | |
|---|-------|-----|----|-----|---|-----|-------|----|---|----|----|
| Chicken McNuggets® 4 Piezas | 170 | 90 | 10 | 2 | 0 | 30 | 320 | 10 | 1 | 0 | 9 |
| Chicken McNuggets® 6 Piezas | 260 | 130 | 15 | 3 | 0 | 45 | 490 | 15 | 1 | 0 | 14 |
| Chicken McNuggets® 10 Piezas | 440 | 240 | 27 | 4.5 | 0 | 75 | 840 | 26 | 2 | 0 | 24 |
| Buttermilk Chicken Crispy Tenders (4 piezas) | 500 | 240 | 27 | 4 | 0 | 110 | 1,390 | 25 | 0 | 1 | 39 |
| Buttermilk Chicken Crispy Tenders (6 piezas) | 750 | 360 | 40 | 6 | 0 | 160 | 2,090 | 38 | 1 | 1 | 59 |
| Buttermilk Chicken Crispy Tenders (10 piezas) | 1,250 | 610 | 67 | 10 | 0 | 270 | 3,480 | 63 | 1 | 2 | 98 |
| Barbeque Sauce (1 empaque) | 45 | 0 | 0 | 0 | 0 | 0 | 250 | 11 | 0 | 9 | 0 |
| Sweet 'N Sour Sauce (1 empaque) | 50 | 0 | 0 | 0 | 0 | 0 | 160 | 11 | 0 | 10 | 1 |
| Creamy Ranch Sauce (1 empaque) | 110 | 100 | 12 | 2 | 0 | 5 | 150 | 1 | 0 | 1 | 0 |
| Honey Mustard Sauce (1 empaque) | 50 | 25 | 3 | 0 | 0 | 6 | 110 | 5 | 1 | 5 | 0 |
| Signature Sauce (1 empaque) | 100 | 90 | 9 | 1.5 | 0 | 10 | 180 | 3 | 0 | 2 | 0 |
| Spicy Buffalo Sauce (1 empaque) | 30 | 25 | 3 | 0 | 0 | 0 | 510 | 1 | 0 | 2 | 0 |

ENSALADA

| | | | | | | | | | | | |
|---|-----|-----|----|---|---|-----|-------|----|---|---|----|
| Side Salad | 15 | 0 | 0 | 0 | 0 | 0 | 15 | 4 | 2 | 2 | 1 |
| Premium Bacon Ranch Salad con pollo grilled | 310 | 120 | 14 | 6 | 0 | 115 | 1,140 | 9 | 3 | 4 | 39 |
| Premium Bacon Ranch Salad con pollo crispy | 380 | 200 | 22 | 7 | 0 | 75 | 1,310 | 17 | 4 | 4 | 28 |
| Premium Bacon Ranch Salad | 190 | 110 | 12 | 6 | 0 | 40 | 530 | 8 | 3 | 3 | 14 |
| Ken's® Lite Ranch Dressing | 140 | 120 | 13 | 2 | 0 | 10 | 380 | 7 | 0 | 2 | 0 |
| Ken's Fat Free Italian Dressing | 20 | 0 | 0 | 0 | 0 | 0 | 700 | 5 | 1 | 3 | 0 |

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|----------------|-----------------------------|-----------------|--------------------|-----------------|-----------------|------------|-------------------|-----------|--------------|--------------|
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DESAYUNO

| | | | | | | | | | | | |
|--|-------|-----|------|-----|---|-----|-------|-----|---|----|----|
| McCriollo® con huevo y queso (Criollo) | 410 | 140 | 16 | 7 | 0 | 255 | 920 | 51 | 0 | 3 | 18 |
| McCriollo® con jamón y queso (Criollo) | 370 | 110 | 12 | 5 | 0 | 30 | 1,200 | 52 | 0 | 4 | 15 |
| McCriollo® con huevo, tocineta y queso (Criollo) | 480 | 200 | 22 | 9 | 0 | 275 | 1,030 | 51 | 0 | 3 | 24 |
| McCriollo® con huevo, salchicha y queso (Criollo) | 580 | 280 | 31 | 12 | 0 | 285 | 1,260 | 52 | 0 | 3 | 25 |
| McCriollo® con huevo, jamon y queso (Criollo) | 440 | 150 | 17 | 7 | 0 | 270 | 1,270 | 53 | 0 | 4 | 22 |
| McCriollo® con huevo y queso (Sobao)* | 410 | 130 | 15 | 7 | 0 | 255 | 800 | 54 | 0 | 11 | 17 |
| McCriollo® con huevo, tocineta y queso (Sobao)* | 480 | 190 | 21 | 9 | 0 | 275 | 1,180 | 54 | 0 | 11 | 23 |
| McCriollo® con huevo, salchicha y queso (Sobao)* | 580 | 270 | 30 | 12 | 0 | 285 | 1,140 | 55 | 0 | 11 | 24 |
| McCriollo® con huevo, jamón y queso (Sobao)* | 440 | 140 | 16 | 7 | 0 | 270 | 1,150 | 56 | 0 | 12 | 21 |
| McCriollo® con jamón y queso (Sobao)* | 370 | 100 | 11 | 5 | 0 | 30 | 1,080 | 55 | 0 | 12 | 14 |
| Bocadillo | 220 | 70 | 7 | 3 | 0 | 30 | 760 | 28 | 1 | 6 | 11 |
| McGriddles® con tocineta, huevo y queso | 450 | 190 | 21 | 9 | 0 | 270 | 1,240 | 46 | 2 | 15 | 19 |
| McGriddles® con jamon, huevo y queso | 410 | 160 | 18 | 7 | 0 | 270 | 1,320 | 48 | 2 | 16 | 18 |
| McGriddles® con salchicha, huevo y queso | 550 | 290 | 32 | 13 | 0 | 285 | 1,310 | 46 | 2 | 15 | 21 |
| Mallorca con mantequilla | 220 | 70 | 8 | 3 | 0 | 5 | 630 | 39 | 0 | 3 | 3 |
| Mallorca con jamón y queso | 300 | 120 | 13 | 6 | 0 | 30 | 1,190 | 42 | 0 | 4 | 10 |
| Tortilla Wedges sándwich de salchicha (Criollo) | 530 | 230 | 26 | 10 | 0 | 55 | 1,230 | 55 | 3 | 3 | 20 |
| Tortilla Wedges sándwich de tocineta (Criollo) | 410 | 140 | 14 | 6 | 0 | 40 | 1,330 | 54 | 3 | 3 | 19 |
| Tortilla Wedges sándwich de Jamón (Criollo) | 370 | 100 | 9 | 4 | 0 | 35 | 1,300 | 56 | 3 | 4 | 17 |
| Tortilla Wedges sándwich de salchicha (Sobao)* | 530 | 220 | 25 | 10 | 0 | 55 | 1,110 | 57 | 3 | 12 | 19 |
| Tortilla Wedges sándwich de tocineta (Sobao)* | 410 | 130 | 11.3 | 6 | 0 | 40 | 1,210 | 56 | 3 | 12 | 18 |
| Tortilla Wedges sándwich de jamón (Sobao)* | 370 | 90 | 8 | 4 | 0 | 35 | 1,280 | 58 | 3 | 13 | 16 |
| Big Breakfast® con tocineta y tostadas (Criollo) | 740 | 330 | 36 | 11 | 0 | 555 | 1,660 | 67 | 2 | 3 | 36 |
| Big Breakfast® con jamón y tostadas (Criollo) | 630 | 250 | 28 | 7 | 0 | 540 | 1,470 | 67 | 2 | 3 | 29 |
| Big Breakfast® con salchicha y tostadas (Criollo) | 770 | 380 | 42 | 12 | 0 | 555 | 1,460 | 66 | 2 | 3 | 32 |
| Big Breakfast® con jamón y tostadas (Sobao)* | 630 | 240 | 27 | 7 | 0 | 540 | 1,350 | 70 | 2 | 11 | 28 |
| Big Breakfast® con salchicha y tostadas (Sobao)* | 770 | 370 | 41 | 12 | 0 | 555 | 1,340 | 69 | 2 | 11 | 31 |
| Big Breakfast® con tocineta y tostadas (Sobao)* | 740 | 320 | 35 | 11 | 0 | 555 | 1,540 | 70 | 2 | 11 | 35 |
| Big Breakfast® Deluxe con salchicha (Criollo) sin sirope y mantequilla | 1,120 | 460 | 51 | 14 | 0 | 575 | 2,050 | 126 | 4 | 17 | 40 |
| Big Breakfast® Deluxe con jamón (Criollo) sin sirope y mantequilla | 980 | 330 | 36 | 9 | 0 | 560 | 2,060 | 128 | 4 | 17 | 38 |
| Big Breakfast® Deluxe con tocineta (Criollo) sin sirope y mantequilla | 1,090 | 410 | 45 | 13 | 0 | 575 | 2,250 | 127 | 4 | 17 | 45 |
| Big Breakfast® Deluxe con salchicha (Sobao) sin sirope y mantequilla* | 1,090 | 400 | 44 | 13 | 0 | 575 | 2,130 | 130 | 4 | 25 | 44 |
| Big Breakfast® Deluxe con jamón (Sobao) sin sirope y mantequilla* | 1,120 | 450 | 50 | 14 | 0 | 575 | 1,930 | 129 | 4 | 25 | 39 |
| Big Breakfast® Deluxe con tocineta (Sobao) sin sirope y mantequilla* | 980 | 320 | 35 | 9 | 0 | 560 | 1,940 | 131 | 4 | 25 | 37 |
| Burrito de Desayuno | 350 | 180 | 20 | 8 | 0 | 260 | 940 | 27 | 1 | 1 | 16 |
| Burrito huevo frito con tocineta y queso | 380 | 210 | 25 | 10 | 0 | 275 | 1,090 | 27 | 0 | 2 | 18 |
| Burrito huevo frito con jamón y queso | 480 | 290 | 34 | 13 | 0 | 285 | 1,050 | 28 | 0 | 2 | 19 |
| Burrito huevo frito con salchicha y queso | 340 | 160 | 20 | 8 | 0 | 270 | 1,060 | 29 | 0 | 3 | 16 |
| Hotcakes Plain (3 porciones, sin mantequilla y sirope) | 350 | 80 | 9 | 2 | 0 | 20 | 590 | 60 | 3 | 14 | 8 |
| Hotcakes con Salchicha (3 porciones, sin mantequilla y sirope) | 520 | 220 | 24 | 7 | 0 | 50 | 930 | 61 | 3 | 14 | 15 |
| Avena con leche y azúcar regular (8 oz) | 210 | 50 | 5 | 2.5 | 0 | 10 | 110 | 35 | 2 | 22 | 7 |
| Tostadas con mantequilla (Criollo) | 290 | 60 | 6 | 2 | 0 | 0 | 640 | 49 | 0 | 2 | 9 |
| Tostadas con queso (Criollo) | 360 | 120 | 13 | 6 | 0 | 20 | 960 | 50 | 0 | 3 | 13 |
| Tostadas con mantequilla (Sobao)* | 290 | 50 | 5 | 2 | 0 | 0 | 520 | 52 | 0 | 10 | 8 |
| Hash Brown | 150 | 80 | 9 | 1.5 | 0 | 0 | 310 | 15 | 2 | 0 | 1 |